

**VIRGINIA BOARD OF NURSING  
SPECIAL CONFERENCE COMMITTEE  
AUGUST 6, 2018**

- TIME AND PLACE:** The meeting of the Special Conference Committee of the Board of Nursing was convened at 9:00 A.M., on August 6, 2018, in Board Room 1, Department of Health Professions, 9960 Mayland Drive, Suite 201, Henrico, Virginia.
- MEMBERS PRESENT:** Jennifer Phelps, LPN, QMHPA, Chairperson  
Michelle D. Hereford, MSHA, RN, FACHE  
Dawn M. Hogue, MA, LMT
- STAFF PRESENT:** Brenda Krohn, RN, MS
- OTHERS PRESENT:** Cynthia E. Gaines, Adjudication Specialist
- CONFERENCE SCHEDULED:** **Sophia Holland Pekera, L.M.T. Reinstatement 0019-006998**  
Ms. Pekera appeared, accompanied by her husband.
- CLOSED MEETING:** Ms. Hereford moved that the Special Conference Committee of the Board of Nursing convene a closed meeting pursuant to Section 2.2-3711(A)(27) of the *Code of Virginia* at 9:29 A.M. for the purpose of deliberation to reach a decision in the matter of Ms. Pekera. Additionally, Ms. Hereford moved that Ms. Krohn and Ms. Gaines attend the closed meeting because their presence in the closed meeting is deemed necessary, and their presence will aid the Committee in its deliberations. The motion was seconded and carried unanimously.
- RECONVENTION:** The Committee reconvened in open session at 9:38 A.M.
- Ms. Hereford moved that the Special Conference Committee of the Board of Nursing certify that it heard, discussed or considered only public business matters lawfully exempted from open meeting requirements under the Virginia Freedom of Information Act and only such public business matters as were identified in the motion by which the closed meeting was convened. The motion was seconded and carried unanimously.
- ACTION:** Ms. Hogue moved to issue an Order to Approve Sophia Holland Pekera's Application for Reinstatement of her license to practice as a Licensed Massage Therapist.
- An Order will be entered. As provided by law, this decision shall become a Final Order thirty days after service of such order on Ms. Pekera unless a written request to the Board for a formal hearing on the allegations made against her is received from Ms. Pekera within such time. If service of the order is made by mail, three additional days shall be added to that period. Upon such timely request for a formal hearing, the Order shall be vacated.

Ms. Hogue left the meeting at 9:45 A.M.

The Committee recessed at 9:45 A.M.  
The Committee reconvened at 1:00 P.M.

CONFERENCE  
SCHEDULED:

**Kimberly Renea Nester Cottrell, C.N.A. Reinstatement 1401--122346**  
Ms. Cottrell appeared, accompanied by her friend.

CLOSED MEETING:

Ms. Hereford moved that the Special Conference Committee of the Board of Nursing convene a closed meeting pursuant to Section 2.2-3711(A)(27) of the *Code of Virginia* at 1:32 P.M. for the purpose of deliberation to reach a decision in the matter of Ms. Cottrell. Additionally, Ms. Hereford moved that Ms. Krohn and Ms. Gaines attend the closed meeting because their presence in the closed meeting is deemed necessary, and their presence will aid the Committee in its deliberations. The motion was seconded and carried unanimously.

RECONVENTION:

The Committee reconvened in open session at 1:48 P.M.

Ms. Hereford moved that the Special Conference Committee of the Board of Nursing certify that it heard, discussed or considered only public business matters lawfully exempted from open meeting requirements under the Virginia Freedom of Information Act and only such public business matters as were identified in the motion by which the closed meeting was convened. The motion was seconded and carried unanimously.

ACTION:

Ms. Hereford moved to issue an Order of Reprimand to Kimberly Renea Nester Cottrell and Approve Ms. Cottrell's Application for Reinstatement of her certificate to practice as a Certified Nurse Aide.

An Order will be entered. As provided by law, this decision shall become a Final Order thirty days after service of such order on Ms. Cottrell unless a written request to the Board for a formal hearing on the allegations made against her is received from Ms. Cottrell within such time. If service of the order is made by mail, three additional days shall be added to that period. Upon such timely request for a formal hearing, the Order shall be vacated.

CONFERENCE  
SCHEDULED:

**Cathy Renae Warren, L.P.N. Reinstatement 0002-051194**

Ms. Warren appeared, accompanied by the following: W. L. Cody Dubose, DPT, her current employer; April Shively, her friend; Dr. Robert Cassidy, her previous employer; Patricia Cassidy, her friend; Debra Warren, her mother; and, Amber Bennett, her daughter.

CLOSED MEETING:

Ms. Hereford moved that the Special Conference Committee of the Board of Nursing convene a closed meeting pursuant to Section 2.2-3711(A)(27) of the *Code of Virginia* at 2:42 P.M. for the purpose of deliberation to reach a decision in the matter of Ms. Warren. Additionally, Ms. Hereford moved that Ms. Krohn and Ms. Gaines attend the closed meeting because their presence in the closed meeting is deemed necessary, and their presence will aid the Committee in its deliberations. The motion was seconded and carried unanimously.

RECONVENTION:

The Committee reconvened in open session at 3:01 P.M.

Ms. Hereford moved that the Special Conference Committee of the Board of Nursing certify that it heard, discussed or considered only public business matters lawfully exempted from open meeting requirements under the Virginia Freedom of Information Act and only such public business matters as were identified in the motion by which the closed meeting was convened. The motion was seconded and carried unanimously.

ACTION:

Ms. Hereford moved to issue an Order to Approve Cathy Renae Warren's Application for Reinstatement of her License to practice as a Licensed Practical Nurse.

An Order will be entered. As provided by law, this decision shall become a Final Order thirty days after service of such order on Ms. Warren unless a written request to the Board for a formal hearing on the allegations made against her is received from Ms. Warren within such time. If service of the order is made by mail, three additional days shall be added to that period. Upon such timely request for a formal hearing, the Order shall be vacated.

CONFERENCE  
SCHEDULED:

**Amy M. Smith, C.N.A. Applicant**

Ms. Smith did not appear.

CLOSED MEETING:

Ms. Hereford moved that the Special Conference Committee of the Board of Nursing convene a closed meeting pursuant to Section 2.2-3711(A)(27) of the *Code of Virginia* at 3:07 P.M. for the purpose of deliberation to reach a decision in the matter of Ms. Smith. Additionally, Ms. Hereford moved that Ms. Krohn and Ms. Gaines attend the closed meeting because their presence in the closed meeting is deemed necessary, and their presence will aid the Committee in its deliberations. The motion was seconded and carried unanimously.

RECONVENTION:

The Committee reconvened in open session at 3:20 P.M.

Ms. Hereford moved that the Special Conference Committee of the Board of Nursing certify that it heard, discussed or considered only public business matters lawfully exempted from open meeting requirements under the Virginia Freedom of Information Act and only such public business matters as were identified in the motion by which the closed meeting was convened. The motion was seconded and carried unanimously.

ACTION:

Ms. Hereford moved to issue an Order to Deny Amy M. Smith's application to take the nurse aide examination for certification as a nurse aide. The motion was seconded and carried unanimously.

An Order will be entered. As provided by law, this decision shall become a Final Order 30 days after service of such Order on Ms. Smith, unless a written request to the Board for a formal hearing on the allegations made against her is received from Ms. Smith within such time. If service of the Order is made by mail, three additional days shall be added to that period. Upon such timely request for a formal hearing, the Order shall be vacated.

ADJOURNMENT:

The Board adjourned at 3:25 P.M.

A handwritten signature in black ink, appearing to read "Brenda Krohn, R.N., M.S.", written over a horizontal line.

Brenda Krohn, R.N., M.S.